

# **Clean and Disinfect Gas Permeable (GP) Lenses With Boston or Boston Advance Lens Care Solutions**

## **Every Evening**

1. Wash hands with a mild soap.  
(Never use soaps that contain cold cream, lanolin, or perfumes)
2. Rub both sides of the lenses with 2-4 drops of Boston Advance® Cleaner or Boston® Cleaner in the palm of your hand for 20 seconds.
3. Remove all traces of cleaner by thoroughly rinsing with fresh tap water.
4. Place lenses in empty lens case.
5. Fill with fresh Boston Advance Comfort Formula Conditioning Solution or Boston Conditioning Solution.
6. Soak lenses for at least 4 hours (or overnight).

## **Every Morning**

1. Wash hands with a mild soap.  
(Never use soaps that contain cold cream, lanolin, or perfumes)
2. Remove lenses from lens case after soaking.
3. Wet lenses with fresh Boston Advance Comfort Formula Conditioning Solution or Boston Conditioning Solution for additional cushioning, if desired.
4. Insert your lenses.
5. Clean interior of lens case thoroughly with hot water and air dry. Replace your lens case monthly.

## **Every Week**

Use Boston One Step Liquid Enzymatic Cleaner right in your lens case as you disinfect.

- Removes protein deposits with weekly use.